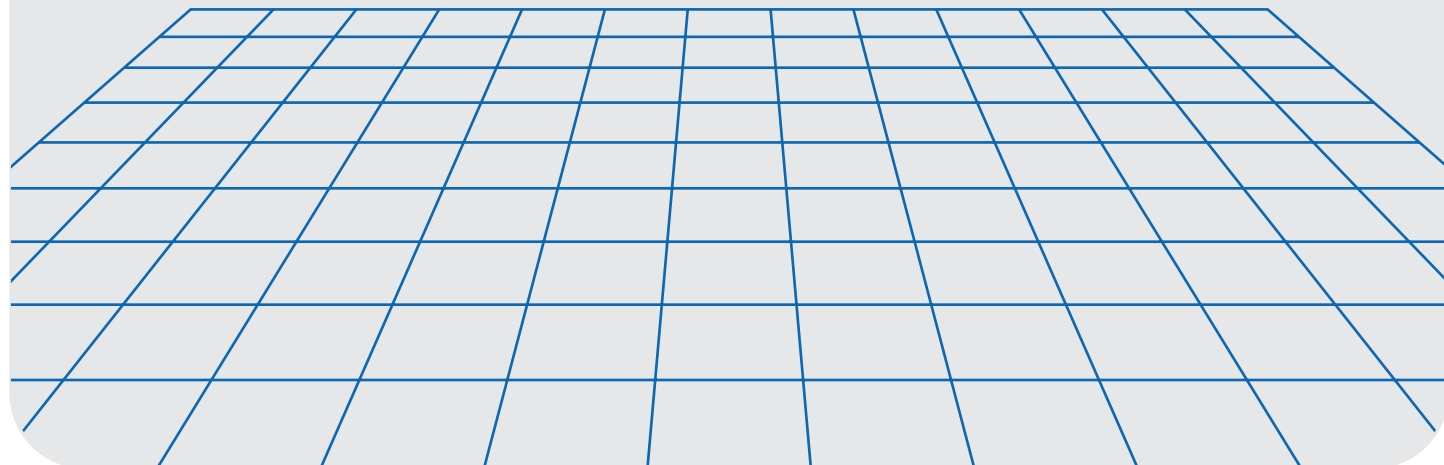


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FlexiSpot

User Manual

Item No. C7M-foam-FT

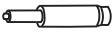
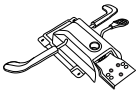


INSTRUCTIONS –
KEEP FOR FUTURE REFERENCE



Parts List

Please refer to the parts listed below. If any parts are missing or damaged, please contact customer service.

A*5  Wheels	B*1  Base	C*1  Gas Lift	D*1  Mechanism	E*1  Backrest
F*1  Seat	G*2  Armrest	H*1  Headrest	M*1  Footrest	
I*3  M8 (1.57", 0.87" × 2)	J*6  M6 (1.57", 0.59" × 1.5)	K*4  M6 (1.97", 0.59" × 1.5)	L*1  Allen Wrench	



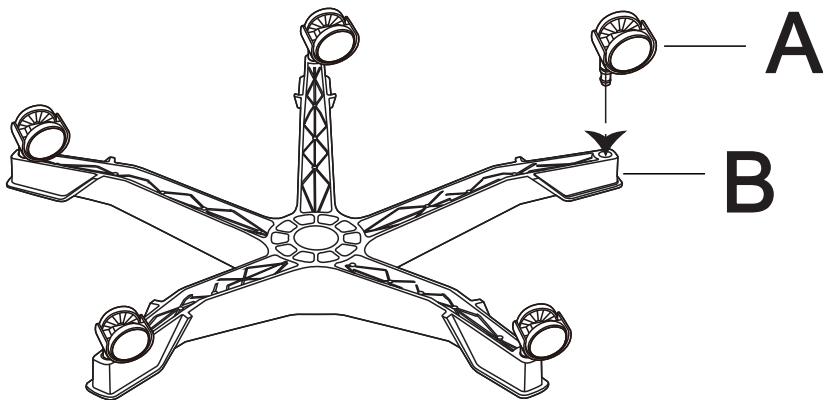
Adjustment Instructions

Before You Start: Loosely tighten all screws first. Once all screws are properly positioned, fully tighten them to secure the assembly.



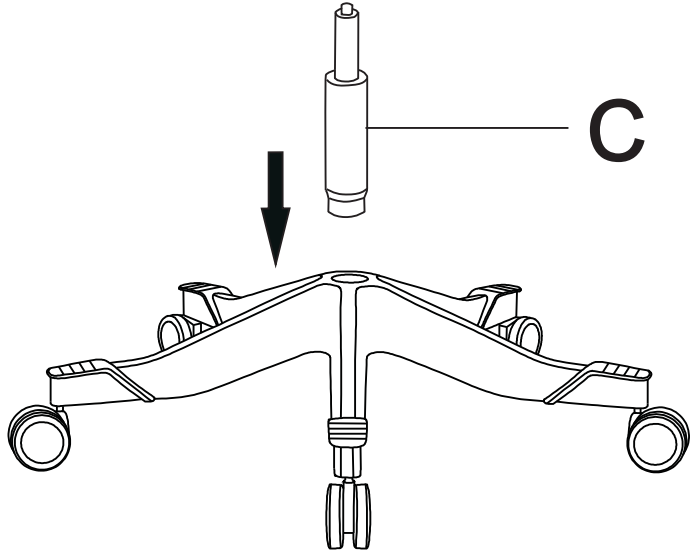
Install the Wheels

Insert the wheels (A) into the base (B).
Note: Ensure each wheel is securely pushed into the leg base.



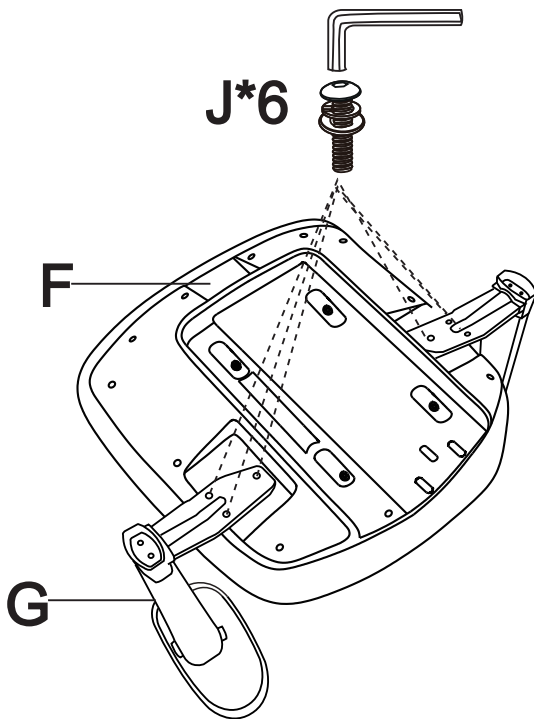
Insert the Gas Lift

Place the gas lift (C) into the center of the base.



Attach the Armrests

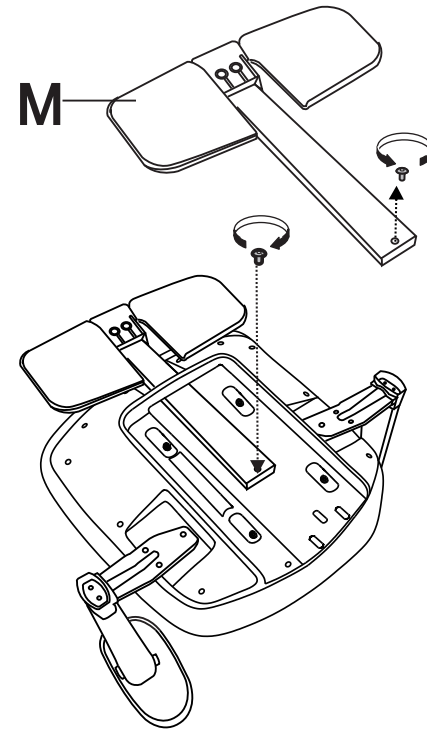
Use 3 screws (Type J) per armrest and the Allen wrench (L) to attach the left and right armrests (G).
Note: Check the labeling (L/R) to ensure the armrests are installed on the correct sides.



4

Install the Footrest

1. Remove the screw from the footrest (M).
2. Align the footrest (M) with the seat (F) and tighten the screw securely.



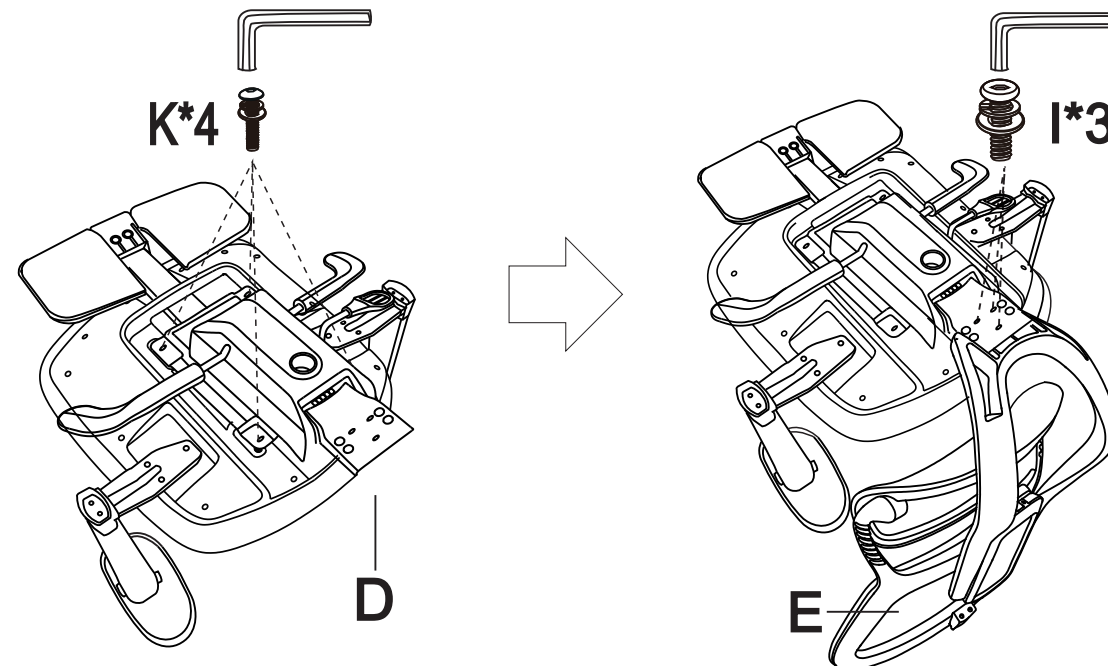
5

Install the Mechanism & Backrest

Use 3 screws (Type I) and the Allen wrench (L) to attach the backrest (E) to the mechanism (D).

Use 4 screws (Type K) and the Allen wrench (L) to secure the mechanism (D) to the underside of the seat (F).

Tip: Align the screw holes carefully before tightening the screws.

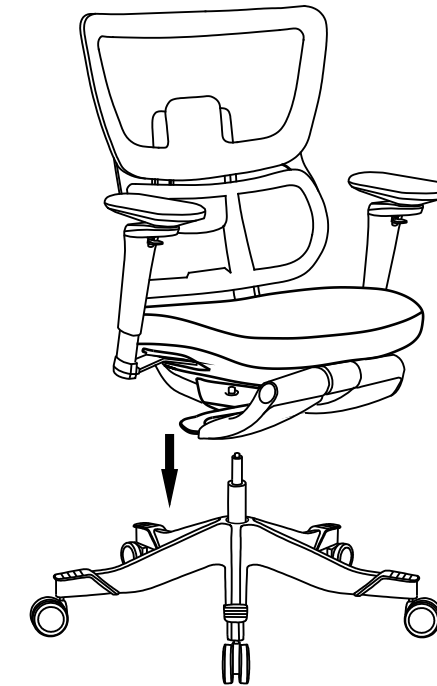


6

Insert the Gas Lift into the Seat

Insert the gas lift (C) into the mechanism (D) beneath the seat (F).

Tip: Apply firm pressure to ensure the gas lift is fully inserted.

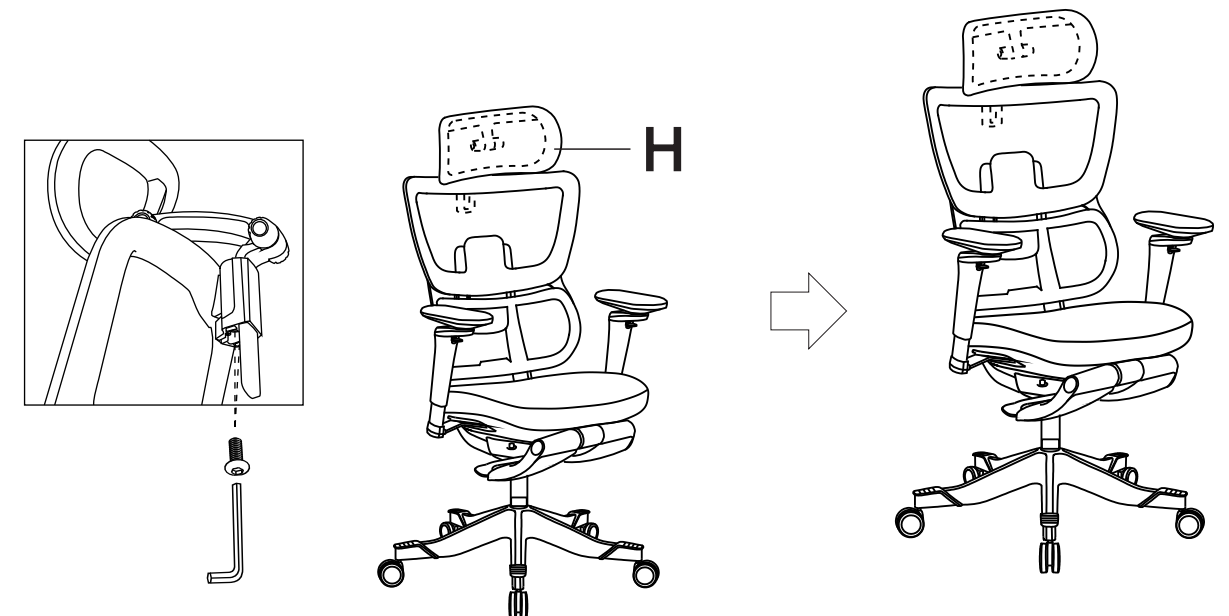


7

Attach the Headrest

1. Before installation, remove the 2 screws from the headrest (H).

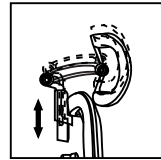
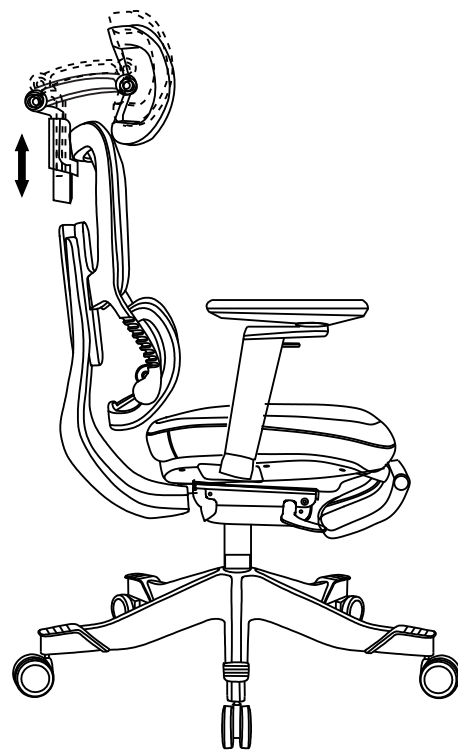
2. Align the headrest (H) with the mounting holes on the backrest. Secure it in place using an Allen wrench (L).



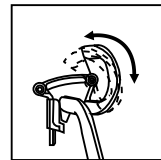
Adjustment Instructions

1

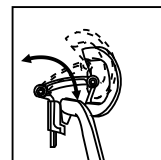
Headrest Adjustment



Height: Push the headrest upward to raise it or downward to lower it.



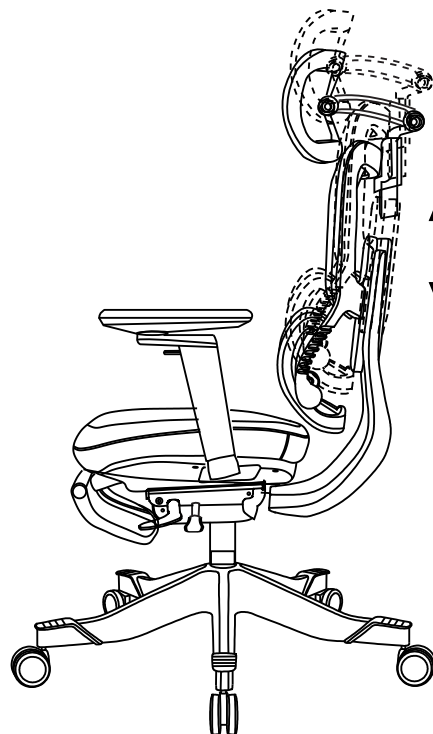
Wide Tilt: Hold the headrest frame and move it up or down.



Fine Angle: Hold the headrest pad and tilt it as needed.

2

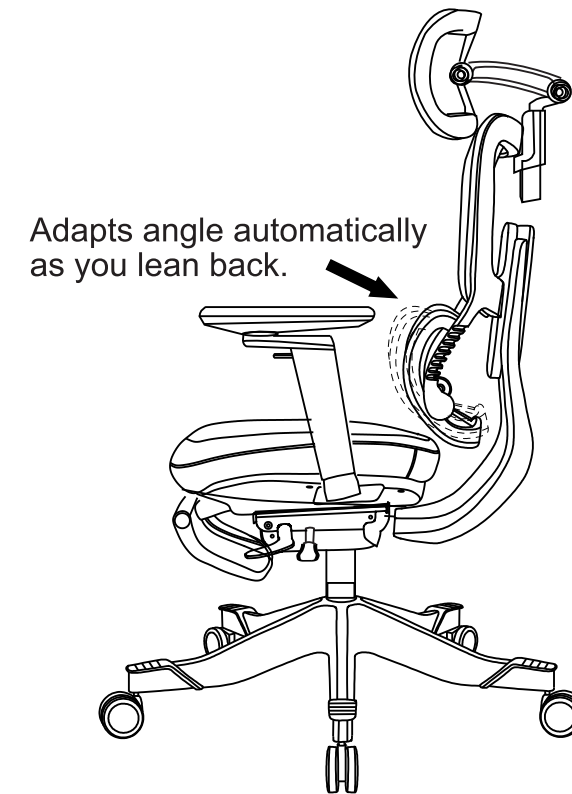
Backrest Height Adjustment



Lift to adjust. Resets to lowest at the highest point. Repeat to set height.

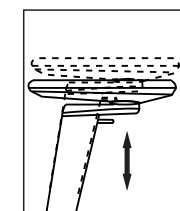
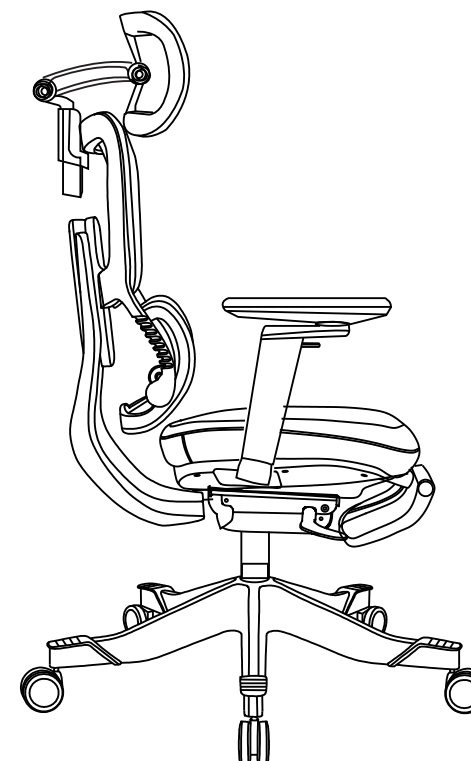
3

Lumbar Support Adjustment

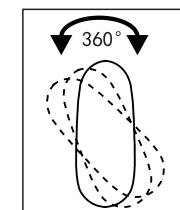


4

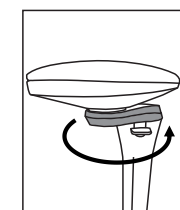
Armrest Adjustment



Height: Press the button under the armrest to raise or lower it. Release to lock in place.



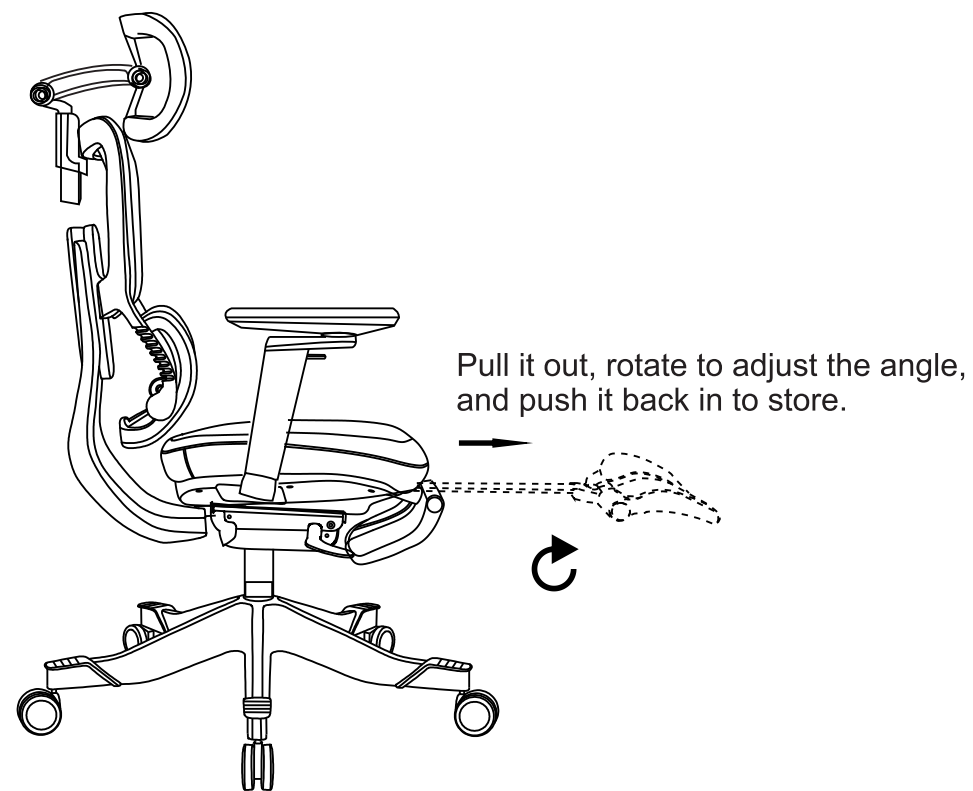
Rotation: 360° rotation of armrest pads



Rotation: 240° swivel of armrest bodies

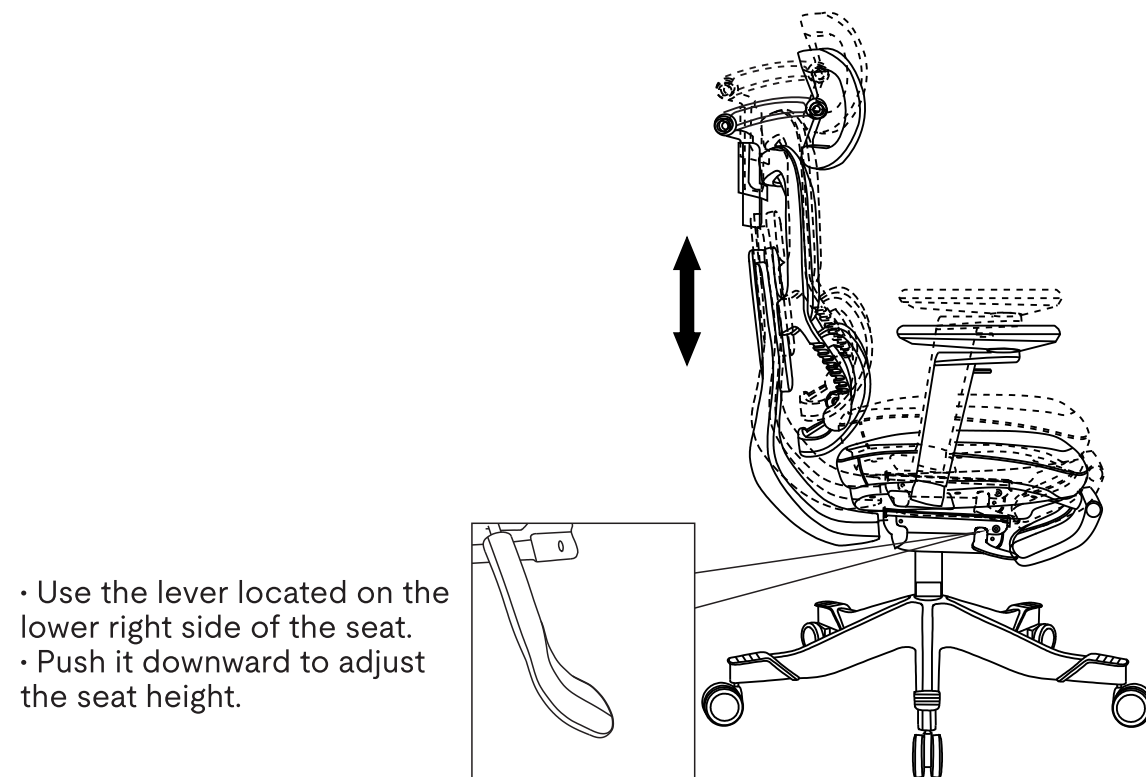
5

Footrest Adjustment



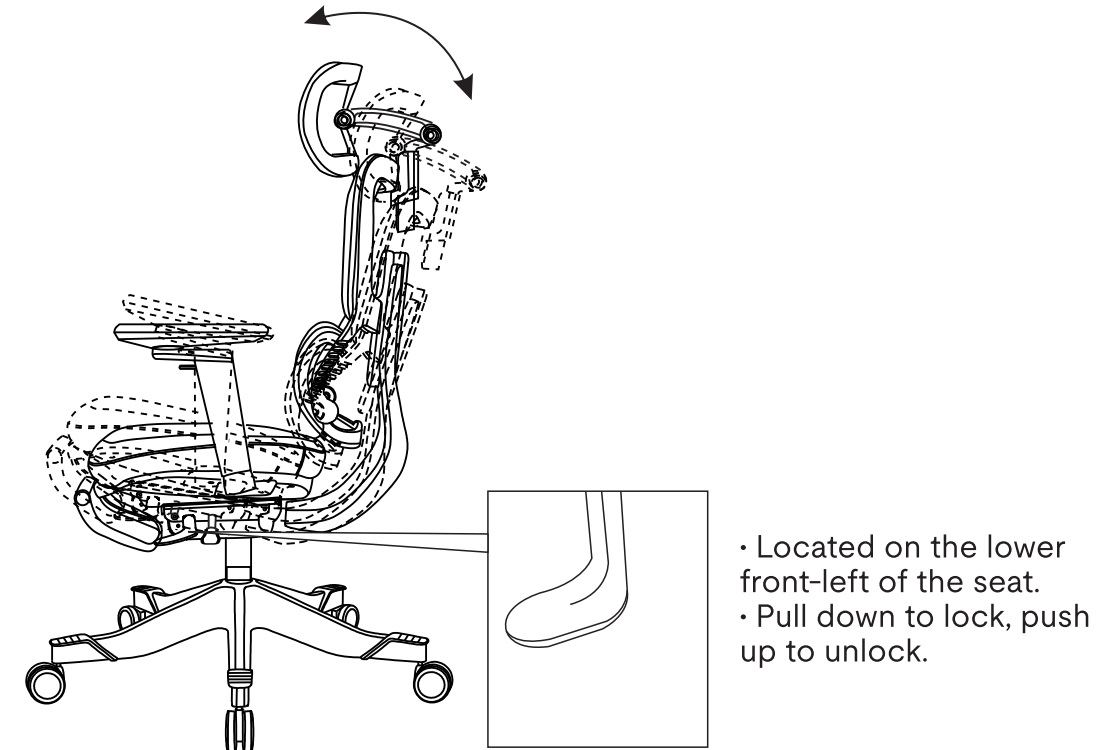
6

Height Adjustment



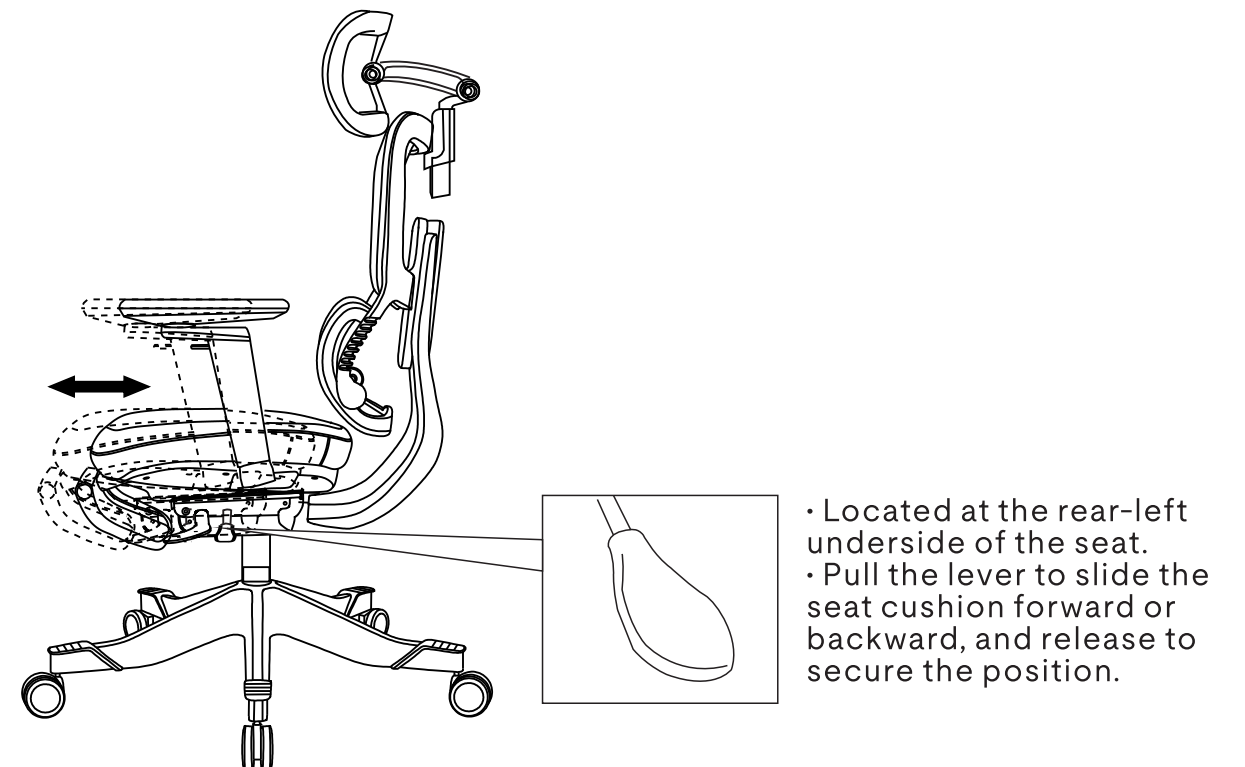
7

Backrest Recline Adjustment



8

Seat Depth Adjustment



Warranty Policy

- 1.This product includes a 10-year limited warranty that covers defects in materials and workmanship.The warranty does not cover damage caused by misuse, accidents, unauthorized modifications, or intentional destruction.
- 2.Warranty service may include repair, replacement of parts, or replacement of the entire product, depending on the issue. To access warranty service, you must provide proof of purchase, the product serial number, and relevant photos or videos of the damage.

Safety Instructions

- 1.Do not use on slippery surfaces. Ensure the product is used on a stable, non-slip surface.
- 2.Avoid placing drinks on the product. Spills can cause discoloration or damage to the surface material. Wipe up any moisture immediately to prevent staining.
- 3.Do not sit on the product with more than one person at a time. This can lead to instability and potential injury.
- 4.Regularly check for any loose parts or damage before use. Do not use if any parts are missing or if the product is in poor condition.
- 5.Be cautious of moving parts. Keep hands and feet away from moving mechanisms to prevent injury.
- 6.Do not stand on the seat or armrests. This can cause the product to tip over and result in injury.
- 7.Read the instruction manual thoroughly. Understand the content and usage methods before operating the product.
- 8.If any issues arise during use, stop using the product immediately. Contact the retailer where you purchased the product for assistance.

Care Instructions for Long-Term Non-Use

Avoid placing the product in direct sunlight or in areas with high humidity or extreme dryness. These conditions can cause the product to warp or crack. Regularly inspect the product for any signs of wear or damage. Address any issues promptly to maintain the product's longevity.

Product Disposal

Please dispose of the product responsibly. It is your responsibility to dispose of the product in accordance with local regulations. Please ensure that the product is disposed of properly to prevent any harm to the environment or others.